

USJA COACH EDUCATION CERTIFICATION COURSE

Goose Creek, SC

JUNE 9, 2012

Certification is for USJA, USJF, and USAJudo brown and black belts, in either judo or jujitsu.

Taking this course before camp saves you seven to eight hours at The Greatest Camp on Earth, time you can spend attending other activities if you take this course on June 9. I will be teaching this same course at the June 21 – 23 Greatest Camp near Charlotte, NC. You can take it there if you miss this offering in Goose Creek on June 9.

If you are not going to camp, this seldom-offered course saves you having to travel a great distance to take it. Very few individuals are authorized to teach this course. I offer it only every year or two, outside of camps, where I routinely teach it.

I will not be charging a clinic fee! I am waiving this. To have lots of student bodies on hand for some of our mat sessions, I will conduct this during our normal class day in our Naval Weapons Station/Samurai Judo Association dojo. I work hard to keep expenses to a minimum for all of us!

The course certification fee remains \$30, to send in when you wish. Most pay at the conclusion of the course, though you may mail in paperwork and the certification fee at any time. Any green belts that attend may not submit paperwork until they earn a brown belt.

The \$16 Background Check fee is required of all who teach and of all who are black belts. Anyone wishing this Coach Education Course credential, our most prestigious document, must have a Background Check already on record or must pay to have this done, at your leisure. The background check validity is four years. Most of you already have completed this, and it still is valid.

Whether you teach, assist regularly, fill in occasionally, or are simply a brown belt or black belt student working out and/or competing, this course is important to your judo development. Things you learn will enhance your judo growth and directly benefit you, your club, and your sensei. Most of the course takes place in a classroom environment, though we will have some mat sessions. This course covers much material.

Most who teach or assist in instructing never have attended a college of education to take courses in pedagogy. This course addresses teaching techniques, foundations of learning, feedback, safety, harassment and legal issues, methods of grouping students, preparation and lesson

planning, equipment, responsibilities and negligence, chaining, individual needs and differences in learning styles. This is considered continuing education, to refresh yourself on material and learn what works and what doesn't. It exposes attendees to a different aspect of judo – instructing.

You will earn a clinic attendance point for promotion and, upon course completion/certification, Service to Judo points toward future promotions. Those who have taken the course are welcome to attend/audit to renew at same certification level. Those already certified must attend one more course (this one) for renewal.

We will complete this in one day, beginning early on Saturday, June 9. It will be a seven-hour event. We may ask someone to run to a nearby hamburger establishment with orders from attendees, to bring back grub to munch as we cover material. Feel free to bring snacks to gobble and/or share. Judogi required.

I will give attendees (not those who audit) two free books: P.M. Barnett's *JUDO GROUNDPLAY* and Sam Allred's *DYNAMIC SELF-DEFENSE*.

Anyone wishing to audit may attend, though they may not participate in the mat evaluation mini-class exercise during which each participant will demonstrate teaching style and skills in a five-minute session.

All candidates should read Coach Education Committee Chairman Bill Montgomery's *Coaching Guide*, available on the Internet (under Programs, Coaching, Coaching Guide). I have sent this to all prospective attendees via email and will have copies on hand to distribute.

WHO MAY CERTIFY: USJA brown and black belts in judo or jujitsu; green belts may participate, and if/when they become brown belts, they may submit the paperwork and be certified. Interested others may audit the course. Those with expired or expiring course credentials may attend to recertify at current level. Those with current accreditation receive continuing education credit.

LOCATION: MWR Athletics, Building 725, Naval Weapons Station, Red Bank Road, Goose Creek.

TIME: 8 a.m. – 3 p.m. **Kindly be punctual.** We have considerable material to cover. Estimated ending time is 3 or 4 p.m.

CLINIC COST: \$0.00 (other costs -- USJA membership, if renewal is needed, is \$50 for annual members, \$30 for sustaining life membership; Background Check, if not already completed, \$16, valid for four years; course certification fee to be sent in with paperwork at any time, \$25). Because your immediate cost is NOTHING and because you have plenty of notice to arrange time to attend, I look forward to seeing you at the clinic!

BRING: USJA member card; snack to share; beverage of choice; judogi.

RECOMMENDED TEXT: Rainer Marten's 3rd edition of *Successful Coaching*. Bring it if you have it.

INSTRUCTOR: Ronald Allan Charles, USJA Master Coach. I have taught this course for decades. Its content changes somewhat, which is why judoka and jujitsuka retake the course for continuing education, to refresh and also to learn new things about teaching. My doctor of philosophy and two master's degrees are in education, so I am trained to teach teachers how to teach. This course teaches participants how to teach. It does not teach specific judo techniques, rather the principles of imparting material from the source to the recipients (students).

Taking a USJA Coaching Certification Course?

Here's what you should do to prepare:

As you prepare to take a coaching course, there are several things you should do prior to the course itself:

- • Make sure you have read the [USJA Coaching Guide](#). It can be downloaded from the [Coach Education Committee](#) page on the USJA web site.
- • Purchase *Successful Coaching*, 3rd edition, by Rainer Martens (2004, Human Kinetics). Please read this prior to attendance. As you do, reflect upon where you are as a coach/instructor. What is your coaching philosophy? What are your strengths? Upon what would you like to improve? What questions do you have?
- • Make sure that your [background check](#) is up to date. The [application](#) can be filled out at the time of the session, but it makes things more efficient if you have this done ahead of time.
- • Ready yourself to actually take part in the mat sessions. Observation is fine, but all candidates must be on the mat. If you have a physical limitation, accommodations can be made, but you should be actively involved as much as possible.

Further information: Call me at 843-553-6702 or email ronaldallancharles@comcast.net